



## Adirondack leaf peeping - in the spring

Leaf peeping is most typically thought about in the fall ... however: Leaf peeping in the Adirondacks (during the spring) takes on a whole new meaning.

People certainly know to expect a spectacular fall scene in the Adirondacks, as the trees offer their showy display of scarlet, yellow, gold, and chestnut all against a backdrop of evergreens. **One of the best-kept secrets, however, is that spring provides another beautiful leaf-peeping experience.** 

The Adirondack Mountains in upstate New York offer more than 2,000 miles of trails that wind along evergreen paths, past frozen lakes, and leading to summits with views that extend as far as the eye can see. The mountains, valleys, brooks and streams provide beautiful scenes, no matter the season.

## During early spring:

- Trees, and the mountainsides on which they live, take on a pink blush as buds emerge, swell and unfurl.
- People in the Adirondacks can, almost literally, watch leaves emerge overnight.
- Millions of tree buds initially make the trees appear light pink-ish or light, bright green the leaf colors intensify and become brighter, more prominent, as they emerge.
- The color is initially a blush across the landscape, with the green leaves deepening and filling the hills and valleys.
- Lower elevations see the blush of color and leaves first, higher elevation leaves emerge a bit later ... the opposite of fall, when the higher elevations offer color first.

In the fall, the Lake Placid / high peaks region changes color first with the Lake Champlain area developing color approximately three weeks later. Spring leaves are exactly the opposite - lower elevations show their buds/leaves first, with colder, higher elevations developing the showy display later.

The Adirondack Mountains offer some of the best opportunities for outdoor recreation in a beautiful, natural setting; within a day's drive for 25% of the entire North American population.

Please don't hesitate to reach out if you'd like any additional information about spring in the Adirondacks.

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