



adirondacks, usa

Lake Placid 2023 World University Games

Taking Place in the Adirondack Mountains of Upstate New York

The Winter World University Games is the largest multi-sport winter event in the world, surpassed only by the Winter Olympics. The games, set for Jan. 12-22, 2023, is expected to draw 1,500 athletes, ages 17-25, from over 50 countries and 600 universities to compete in winter sports events including alpine skiing, curling, cross-country skiing, biathlon, ice hockey, figure skating, speedskating, nordic combined, short track speed skating, ski jumping, free ski and snowboard.

Adirondack Mountain region background and facts

- The Adirondack Park is named for the Adirondack Mountains located within its boundaries.
- The region is located in upstate NY, roughly 5 hours north of New York City; 1 hour south of the Canadian border.
- Roughly 6.2 million acres or 9,375 square miles = 2.5 million hectares or 25,000 square kms
- The Adirondack Park is larger than Yellowstone, Everglades, Glacier and Grand Canyon national parks combined
- The Adirondack Park contains 85% of all wilderness in the eastern United States.
- There is no entrance gate to the park - it is an area open to all.
- It is estimated that 8-10 million people visit the park each year.
 - The Adirondack Park comprises both public and private land
 - Roughly 130,000 people live within the park's boundaries
 - There are just over 100 small towns and villages within the Adirondack Park
- The Adirondack Park was created in 1882 by the New York State government.
- More than 45% of the park is state-owned, protected by the NYS state constitution
- Lean-tos and Adirondack chairs are popular Adirondack features - protecting hikers and providing lakeside relaxation
- The word "vacation" was coined as the Adirondack region gained popularity in the 1800s
 - Wealthy families (Rockefeller, Carnegie, Post, etc.) built large "great camps" in the region; their families would "vacate" the cities each summer, opting for the cooler Adirondacks.
- The Adirondack Park is known for its mountains and water
 - There are roughly 3,000 lakes, 1200 miles (1,900 kms) of rivers and more than 30,000 (48,000 kms) miles of small streams and brooks. There are more than 2,000 miles of hiking trails (3,200 kms)



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Lake Placid background

- Lake Placid is 5 hours north of New York City; 1 hour south of the Canadian border.
 - Population = 2,300
 - 1.5 square miles (4 square kms)
- The 1932 and 1980 Winter Olympics were held in Lake Placid
 - In 1980, the US hockey team, a group of university kids, defeated the Russians to go on to the gold medal game, when the US defeated Finland. That 4-3 victory over the Russians was dubbed the “Miracle on Ice” by Al Michaels as he called the game.
- Mirror Lake vs Lake Placid
 - The Village of Lake Placid sits along the shore of Mirror Lake - it is the lake that can be easily seen from Main Street.
 - Lake Placid (the larger of the two lakes) sits adjacent to the village, on the northern edge of the village - not easily seen from Main Street. The two bodies of water are separated by a two-lane road that surrounds Mirror Lake.
 - The lakes can be connected by a short portage.
- Lake Placid events - Summer and winter sports have been part of the local culture in Lake Placid for many years
 - Ironman Lake Placid Triathlon, the second oldest Ironman in North America has been held here since 1999
 - The Lake Placid and I Love NY Horse Shows have been held here since 1969
 - The Empire State Winter Games are held in Lake Placid each February
 - Hockey tournaments and hockey camps take place throughout the year.