



**adirondacks, usa**

## **Embrace winter in the Adirondacks**

### **Easy walks, hikes, and snowshoe adventures provide an introduction to the outdoors**

Winter in the Adirondack Mountains of upstate New York is magical. The winter wonderland landscape is spectacular, the days are cool and crisp, fresh air fills your lungs and makes your cheeks rosy - all offering a perfect backdrop for outdoor adventure (or simply staying cozy by a fire).

In the Adirondacks, winter is wholeheartedly embraced. Outdoor activity can be punctuated by a warm fire, food and drink at a local craft brewery, or a quiet afternoon.

Snowshoeing in the Adirondacks is a great place to start for those who are not familiar with outdoor winter sports. "If you can walk, you can snowshoe." This phrase, which is entirely accurate, is one that makes people feel comfortable with this easy introduction to the outdoors.

Flat trails, lower-elevation hikes, cross country ski trails, golf courses, mountain bike trails, fields and an abundance of state-owned land, along with trails that skirt many of the local villages offer opportunities throughout the region. Trails are often multi-purpose, allowing visitors to walk, hike, or cross country ski. Of course, there are also challenging trails throughout the region for those who prefer to test their skills.

Some properties have snowshoes available for guests' use on their trails, or on the nearby town trails, the Adirondack Interpretive Centers in Newcomb and Paul Smiths offer snowshoes for visitors to use on the local trails and businesses throughout the region rent snowshoes.

Cool weather, a snowy backdrop, spectacular scenery, the love of winter and a warm fire - the Adirondack region offers many opportunities to embrace the season.

The Adirondack Mountains offer some of the best opportunities for outdoor recreation in a beautiful, natural setting; within a day's drive for 25% of the entire North American population.