



Empire State Winter Games – Figure Skating Events Skating Club of Lake Placid February 4-6, 2022

Opening Ceremonies Thursday February 3rd, 2022

The 2022 Empire State Winter Games Figure Skating Events will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and who are currently a registered member of a U.S. Figure Skating member club, a collegiate club or who is an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. citizens.

The Empire State Winter Games is a qualifying competition for the 2022 State Games of America to be held July 27-31, 2022 in Des Moines, Iowa.

COVID-19 EVENT POLICIES:

EFFECTIVE MONDAY, AUGUST 2, face coverings are required to be worn indoors by ALL persons (including fully vaccinated persons) attending any U.S. Figure Skating sanctioned event or activity despite local, state or facility policies. Review the full update [here](#).

Exceptions:

- Athletes practicing or competing on the ice.
- Warming up outside.

ELIGIBILITY/TEST LEVEL:

Eligibility: All skaters must have a New York State affiliation in one or more of the following ways: reside in New York State, attend school in New York State, be a member of a New York State Figure Skating Club or have their primary training location in New York State.

Skaters who do not have a State Games in their own state may also compete. Skaters from other states would be classified in the competition as a participant from their own state for the purpose of distribution of invitations for the 2022 State Games of America.





Age restrictions/requirements: Singles free skate events (well-balanced program) have the following requirements:

- Juvenile: Girls – 12 years or younger; Boys – 13 years or younger
- Open Juvenile: Girls – 13 years or older; Boys – 14 years or older
- Intermediate: must be under the age of 18
- Open Intermediate: 18 years or older
- Adults must be 21 years or older

Skaters entering pre-juvenile and lower events will be divided as closely as possible by age should the number of entries warrant more than one group. The LOC reserves the right to combine levels where there are not enough entries.

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event. Skaters may only enter **ONE** level per event.

Synchronized team age and test level eligibility requirements may be found in the U.S. Figure Skating rulebook. For additional Synchronized Rules and Resources, click [HERE](#).

COMPETITION REGISTRATION via EMS:

Entries for Empire States Games Singles events will be accepted via this [EMS Empire Singles Competition Portal](#), and entries for Synchro Only events will be accepted via this [EMS Empire Synchro Competition Portal](#) with credit card only. Each transaction includes a 3% credit card fee.

Registration Deadline: Friday, January 7th, 2022. NO LATE ENTRIES WILL BE ACCEPTED!!! THERE ARE LIMITED SPOTS AVAILABLE AT EACH LEVEL, SO PLEASE MAKE SURE TO REGISTER EARLY!!!

1. Go to <https://m.usfigureskating.org>
2. Enter your U.S. Figure Skating or if Compete USA events are offered, your Learn to Skate USA member number and password
 - a. If you need assistance with your member number and password, contact Member Services at memberservices@usfigureskating.org.
3. Click EMS then “Competition Registration”
4. Choose “COMPETITION NAME” from the list of nonqualifying competitions.
 - a. If you need assistance completing your registration, contact productsupport@usfigureskating.org.





ENTRY FEES:

Singles Events:

\$125 - first event

\$75 - second event

Synchronized Skating Events:

\$170 per team, plus an additional \$35 per skater

REFUND POLICY: Entry fees will not be refunded unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$20 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events.

Mandatory Athletes:

Athletes age 18+ as of the competition start date who will be competing on a team (i.e. synchro, dance, pairs, shadow dance, theatre, etc.) with at least one minor athlete must complete SafeSport training.

Minor Athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be SafeSport compliant until they have completed the training and their Members Only portal reflects completion. Please email safesport@usfigureskating.org for instructions or questions regarding parental consent.

SCHEDULE: Competitors may be scheduled on any day or time during the announced dates of the competition. Notification of competition and practice ice times will be available online at www.empirestatewintergames.com and will also be e-mailed to competitors as soon as possible after close of entries.

FACILITIES: The competition will be held at:

Olympic Center
2634 Main Street
Lake Placid, NY 12946
518-523-1655

Competition events will be held in both the 1980 Rink (measuring 85' x 200') & the 1932 Rink (measuring 100' x 200'). Competition may also be held in the USA Rink (measuring 85' x 200').

MUSIC SUBMISSION VIA EMS UPLOAD: DEADLINE: Wednesday, January 26th

Competitors participating in events with music are required to upload their music to EMS no later than **Wednesday, January 26th**. After this date, skaters will be locked out of this feature





and subject to a **\$25 Late Fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

Upload to [EMS Empire Singles Competition Portal](#).

Upload to [EMS Empire Synchro Competition Portal](#).

EMS SKATER MUSIC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

All music must meet the following criteria. If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below.

MUSIC CRITERIA:

- File Format: MP3
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
 - This will be verified by the music chair and they may request you upload a corrected file.
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also bring a copy of their competition music on CD or digital copy (if you are accepting digital back up such as on a phone or memory stick) as a backup in case of technical difficulties and must be available rink side during the competition. Only CDs (standard CD-R format only) will be accepted for backups and must be clearly marked with the competitor's name, event, and running time.

PLANNED PROGRAM CONTENT VIA EMS UPLOAD: DEADLINE: Wednesday, January 26th

Competitors participating in IJS events are required to submit their PPC in EMS no later than **Wednesday, January 26th**. After this date, skaters will be locked out of this feature in EMS and subject to a **\$25 Late Fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

Upload to [EMS Empire Singles Competition Portal](#).

EMS PPC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org





LIABILITY: U.S. Figure Skating, The Skating Club of Lake Placid, the Regional Office of Sustainable Tourism, the Adirondack Sports Council, and NYS Olympic Regional Development Authority accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

ONSITE CHECK-IN:

All athletes must check in at the Empire State Winter Games athlete check-in location. Times and locations will be posted on www.empirestatewintergames.com

Athletes should also make sure to check in with the ice monitor before each event.

LOCKER ROOMS AND CHANGING AREAS:

Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes 11 years old and younger that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy and the SkateSafe Handbook (both found on the [U.S. Figure Skating SkateSafe page](#)).

PRACTICE ICE (Singles Only): Unofficial practice ice (UPI) is not included in your entry fee and can only be purchased through the [EMS Competition Portal](#). Practice ice will be held at The Olympic Center and will be limited. A timeline for practice ice sales periods will be available for viewing on the Main Page of your EMS skater portal. We will offer a pre-purchase window (with session selection), along with open sales. Information regarding practice ice will also be emailed out to all competitors and posted on the event website. There will be no practice ice for synchro.

EMS (SKATER) PRACTICE ICE RESOURCES:

- [Pre-Purchase and Selection](#)
- [Open Sales](#)

PHOTO/VIDEO:

Miracle Moments photography will be shooting all events and prints for purchase will be available onsite. If you have any questions, please contact Ona at onak@orda.org.

There will be an official videographer onsite.

Note, per [U.S. Figure Skating policy](#), photographing and/or recording of anyone other than your own skater is strictly prohibited.





AWARDS:

Medals will be awarded for 1st-3rd places in contested events. An awards schedule will be available at the figure skating information desk.

OFFICIAL NOTICES:

There will be a figure skating information desk located in the Olympic Center. The desk will open one hour prior to the start of each event and will close at the conclusion of each day's events. Awards schedules, practice ice information and results will be available at the desk.

It is the responsibility of each competitor, parent and coach to check the information desk frequently for any schedule changes and/or additional information. Skaters are requested to arrive one hour prior to the scheduled time of their event.

All start orders and results will also be posted online at www.empirestatewintergames.com and a QR code will be available at the competition to access the link via your mobile device.

IMPORTANT NOTICE FOR ALL COACHES:

Coaches should check in at the figure skating information desk in the Olympic Center prior to their first event to and will need to show a government issued photo I.D. to receive a credential.

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the compliance requirements listed below and verified by the U.S. Figure Skating.

EMS Coach Resources (*include links in your announcement):

- [My Competitions](#)
- [My Skaters](#)
- [Coach Schedule](#)

Coach/Choreographer (domestic/non-foreign):

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member.
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. *
 - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. *
 - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.





- ✓ Must complete the Professional Coach/Choreographer Coaching Education Requirement (CER) through the [Professional Skaters Association \(PSA\)](#).
- ✓ Must submit proof of general liability insurance with limits of \$1 million per occurrence/ \$5 million aggregate.
- ✓ Must agree to the U.S. Figure Skating Code of Ethics. *
- ✓ Must complete three waivers: 1) Assumption of Risk, Waiver and Release and Indemnification Agreement, 2) Medical Consent and 3) Name and Likeness Release and Consent Agreement. *
- ✓ If attending a qualifying competition or traveling as a part of Team USA and/or International Selection Pool (ISP), must be a full member of the [Professional Skaters Association \(PSA\)](#).

Learn to Skate USA Coach:

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member OR Learn to Skate USA instructor membership
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. *
 - The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. *
 - The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Learn to Skate USA Instructor Certification completed OR U.S. Figure Skating compliance coach (details above)

* Accessible via U.S. Figure Skating Members Only Website:

www.usfsaonline.org → Person Icon  or Account → Member Profile → Compliance

For more information regarding Coach Compliance, please visit the [Coach Compliance](#) page.

CONTACT INFO:

Figure skating event specific information:

Amy Fairchild – amy.fairchild@lakeplacid2023.com

Chief Referee:

Heather Nemier – hmnemier@comcast.net

General Empire State Games information:

Bethany Valenze – info@empirestatewintergames.com

ADDITIONAL INFORMATION:

All participating athletes are invited to walk in the Empire State Winter Games Opening





Ceremonies to be held in the evening of Thursday, February 3rd. Please check www.empirestatewintergames.com for information regarding location and check-in times.





EVENTS OFFERED

SEE CURRENT [RULEBOOK](#) OR [U.S. FIGURE SKATING WEBSITE](#) FOR RULES/REQUIREMENTS.

| U.S. FIGURE SKATING EVENTS | | | |
|---|----------------|-----------------------------|-----------------------------|
| SINGLES | IJS/6.0 | 1st EVENT | 2nd EVENT |
| Excel Free Skate Beginner through Senior including Plus levels | 6.0 | \$125 | \$75 |
| Well Balanced Free Skate No Test through Pre-Juvenile | 6.0 | \$125 | \$75 |
| Well Balanced Free Skate Juvenile through Senior | IJS | \$125 | \$75 |
| SOLO DANCE | JUDGING | 1st EVENT | 2nd EVENT |
| Solo Pattern Dance (not participating in series) Preliminary through International | 6.0 | \$125 | \$75 |
| SYNCHRONIZED SKATING | JUDGING | Per Team | PLUS Per Skater |
| Aspire – Snowplow Sam through Preliminary | 6.0 | \$170 | \$35 |
| Preliminary, Pre-Juvenile, Open Juvenile, Open Adult, Open Collegiate | 6.0 | \$170 | \$35 |

