

2012 Speed Skating at the 2012 Empire State Games

-Long Track will be included this year once again as part of the ESG. The long track events will be skated on the outdoor oval in "pack" style racing. Races will be held Friday under the lights starting with warm up at 4 p.m. races till 7 p.m. Saturday Long Track will go 1 p.m. to 4 p.m.

-Short Track Speed Skating will be held in the 32 Olympic Rink racing times Saturday and Sunday 8 a.m. to 12 (noon)

Short Track and Long track will have 6 Divisions each. Skaters can participate in both long and short track events but have to pay two entry fees. Since Long Track is one sport and Short Track is a second Sport.

The Empire State Winter Games Speed Skating Events will consist of 6 classes:
Pre-Scholastic Boys and Girls, Scholastic Male and Female and Open Male and Female.

Empire State Winter Games athletes for long or short track speed skating must:

1. Be current members of US Speed Skating;
2. Between September 1, 2011 and January 22, 2012, race at US Speed Skating sanctioned or publicized ESG Qualifying races/events to obtain certified qualifying times for their selected event(s);
3. Meet the ESG established qualifying time (as posted below) for his/her event(s) AND be among the top 25 in qualifying time in his/her event(s);
4. Be residents of NY State. Be enrolled in a NYS School or College. Be a member of Northern New York Speed Skating Association.
5. RSVP before January 22, 2012, to Gretchen Burns, dburns2@twcnny.rr.com. The skater will be then notified they are qualified and then the athlete goes on line to officially and register and pay the entry fee(s).

Which Group or Which Event How do I qualify:

Division ages: (age as of July 1, 2011)

Open Division (OM, OW): must be at least 18 years of age or older.

Scholastic Division (SM,SW): must be between the ages of 13 and 17.

Pre Scholastic Division (PSB, PSG): must be between the ages of 7 and 12.

● Events for PreScholastic

Long Track 100m, 300m, 500m

Short Track 222m, 333m, 500m

Event for Scholastic

Long Track 100, 500, 800

Short track 500, 777, 1000

Events for Open

Long Track 100, 500, 1000

Short Track 500, 1000, 1500

Qualifying time:

All Division you must be in the 25 fastest times in each event to qualify.

- Qualifying: Maximum Qualifying times for the 2012 events are:
you must RSVP your intention to compete by January 22, 2012 to dburns2@twcny.rr.com Gretchen Burns ESG Speed Skating Chairperson.

The first step is to RSVP to the Empires. You send an email to dburns2@twcny.rr.com

In the subject line Put RSVP ESG

I need the following information:

Last Name

First Name

Home Address

City

State

COUNTY

Zip

Age:

Sex

Are you skating Long Track Friday Night and Saturday Afternoon?

Are you skating Short Track Saturday and Sunday rning?

Qualifying times if you do not skate long track your short track times will be used to qualify you. We need long track skaters so they will leave the long track in future games. If you do not have long track skates just wear your short track skates.

Qualifying times:

222

333

500

777

1000

1500

The top 25 skaters in each division will qualify. **THEN** you will be Notified Jan 22, 2012 You are in the games. **THEN** you go and pay entry fee and fill out general ESG Entry on the web site. You pay \$15 for short track and \$15 for long track if you are skating both events.

<http://www.empirestatewintergames.com/registration>

Qualifying Times for all divisions are for both long Track and Short Track. If you cannot skate a Long track event for a qualifying time and meet the short track time you can try to be one of the top 25 in long track and skate in the long track events

Pre Scholastic boys:

222m to 40.00 sec

333m to 55.0 sec

500m to 01.20.0 sec

Pre Scholastic Girls

222m to 45.0 sec

333m to 58.0 sec

500m to 1:24.0 sec

Scholastic Boys

500 1:05.0

777 1:42.0

1000 2:05.0

Scholastic girls

500 1:12.0

777 1:48.0

1000 2:27.00

Open Men

500 1:07.0

1000 2:25.0

1500 3:45.0

Open Women

500 1:15.0

1000 2:35.0

1500 4:00.0

Listed below are Clubs in New York State that will be conducting USS sanctioned and ESG qualifying events at which skaters may obtain qualifying times. Skaters should contact one of these clubs for dates and additional information. Additional clubs may be added to this list.

The Official US Speedskating Website - Windows Internet Explorer

http://usspeedskating.org/

USS SPEEDSKATING

Home About USS Athletes News Photo Gallery Clubs & Programs Competition, Events, Results Coaches Sponsors Links Contact

Find a Club

Legend:
● Direct Clubs (Blue)
● Associations (with clubs) (Red)
● Independent Clubs* (Green)

Northern New York Speedskating Association
President: Linda Sausa
Phone: 518-637-5539 Email: linda_s@roadrunner.com
Secretary: Romona Hodor
Phone: Email: rowena146@aol.com

[CLICK HERE](#)
To Visit This Association's Website

Clubs

- Binghamton Speedskating Club - Binghamton
- Buffalo Speedskating Club - West Seneca
- Capital District Speedskating Club - Troy
- Center State Speedskating Club @ Morrisville
- Green Mountain Speedskating Club - Rutland, VT
- Lake Placid Speedskating Club - Lake Placid
- Pittsfield Park Speedskating Club - Pittsfield, MA
- Rochester Speedskating Team - Rochester
- Saratoga Winter Club - Saratoga Springs
- Syracuse Speedskating Club - Syracuse

*Independent Clubs are new and have not yet been approved by the USS Board of Directors. Independent Clubs are not officially associated with USS.